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**MINISTRY OF EDUCATION
BAHAMAS JUNIOR CERTIFICATE
EXAMINATION 2021**

**0062 FAMILY & CONSUMER SCIENCE
PRACTICAL EXAMINATION
PLANNING/PRACTICAL TEST**

PAPER 1

Thursday **6 May 2021** 9:00 A.M.–10:30 A.M.



This question paper consists of 3 printed pages.

FAMILY & CONSUMER SCIENCE**PAPER 1*****INSTRUCTIONS TO CANDIDATES*****Planning Session**

- (a) Read both questions carefully. Choose **ONE**.
- (b) Plan dishes suitable for the question.
- (c) Give reasons for the choice of dishes.
- (d) Give a detailed plan of action which includes the thirty minutes preparation time. (2½ hours total)
- (e) Write a summarised shopping list.

Practical Session

- (a) Equipment and serving dishes may be gathered during the preparation period but **NO MEASURING OR PREPARATION** of ingredients should be done.
- (b) Recipe books may be used during the practical test.
- (c) Dishes should be correctly served on a clean tablecloth.
- (d) The amount of food prepared should be sufficient for 4 persons.
- (e) It is not necessary to serve individual portions of food.
- (f) You will be expected to set the table for one person in the presence of the visiting examiner.
- (g) Washing up should be done throughout the test.



PRACTICAL EXAMINATION

Planning Test – 1 hr. 30 minutes

Practical Test – 2 hours

Preparation Time – 30 minutes

EITHER

1. Carrots can be used in a variety of courses.

Plan, prepare and serve the following to show the use of carrots as:

- a hot appetiser
- a main course dish
- a dessert
- a chilled beverage

OR

2. Prepare the following selection of dishes to show how cereals can be used in meal preparation.

- a coating for a fried food
- a quick bread
- a main dish item
- a hot sandwich



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